Alcohol and Drug Control Officer Summit

Drug and Alcohol Program Management Activity

11-13 May 2004

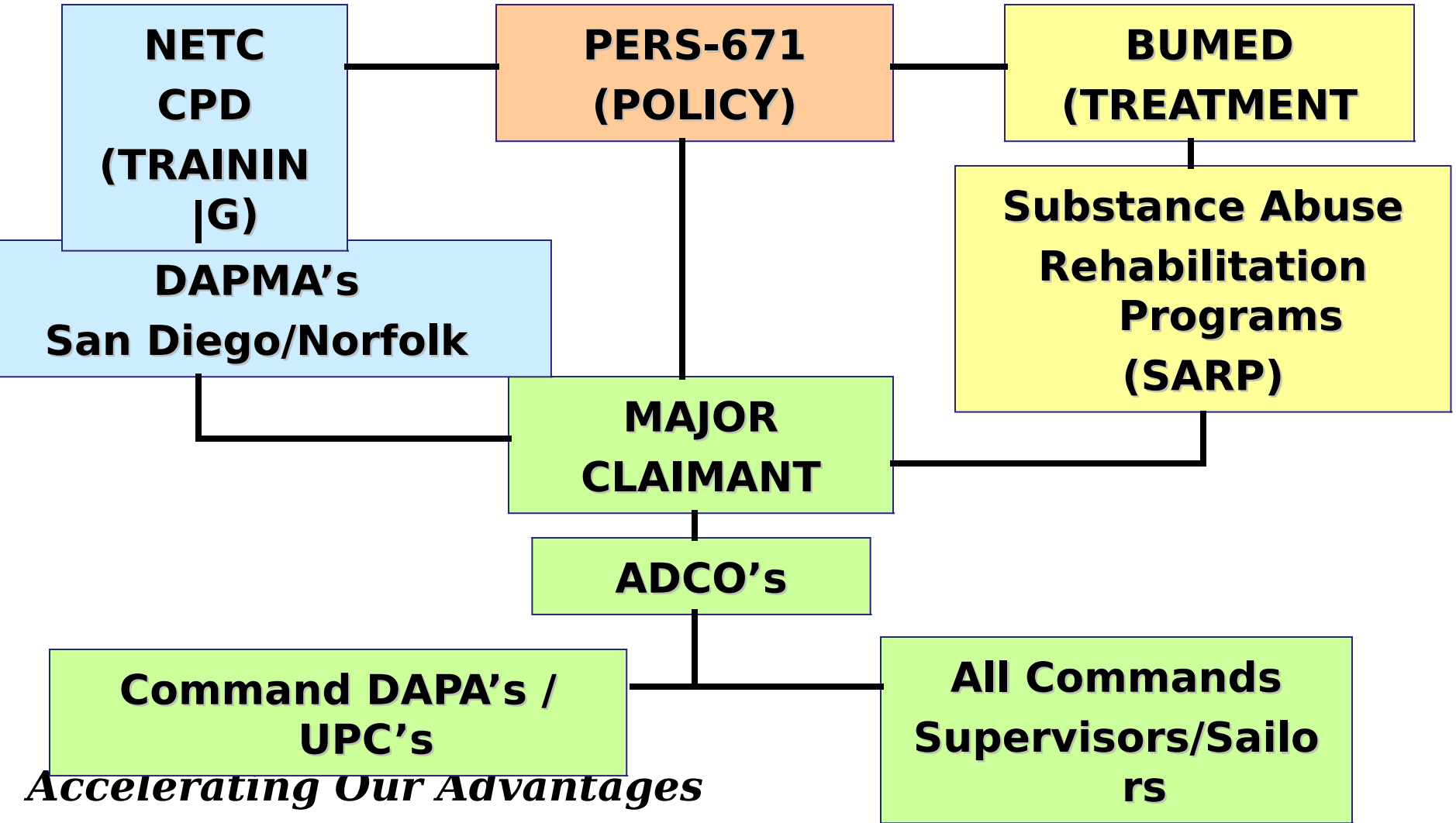
OIC DAPMA San Diego

DAPMA Brief

Agenda

- Prevention, NADAP & Center for Personal Development
- DAPMA Education
- Accelerating Our Advantages through Data Analysis

NADAP Infrastructure



Alcohol &Drug Control Officers

Key Prevention Element

- Access to
  - Policy Makers
  - Information
  - Data
  - Prevention Network
  - What works!

Prevention Program Strategies

- Information Dissemination
- Education
- Alternative Activities
- Community-Based Change Initiatives
- Problem Identification & Referral
- Environmental Approaches

Risk and Protective Factors

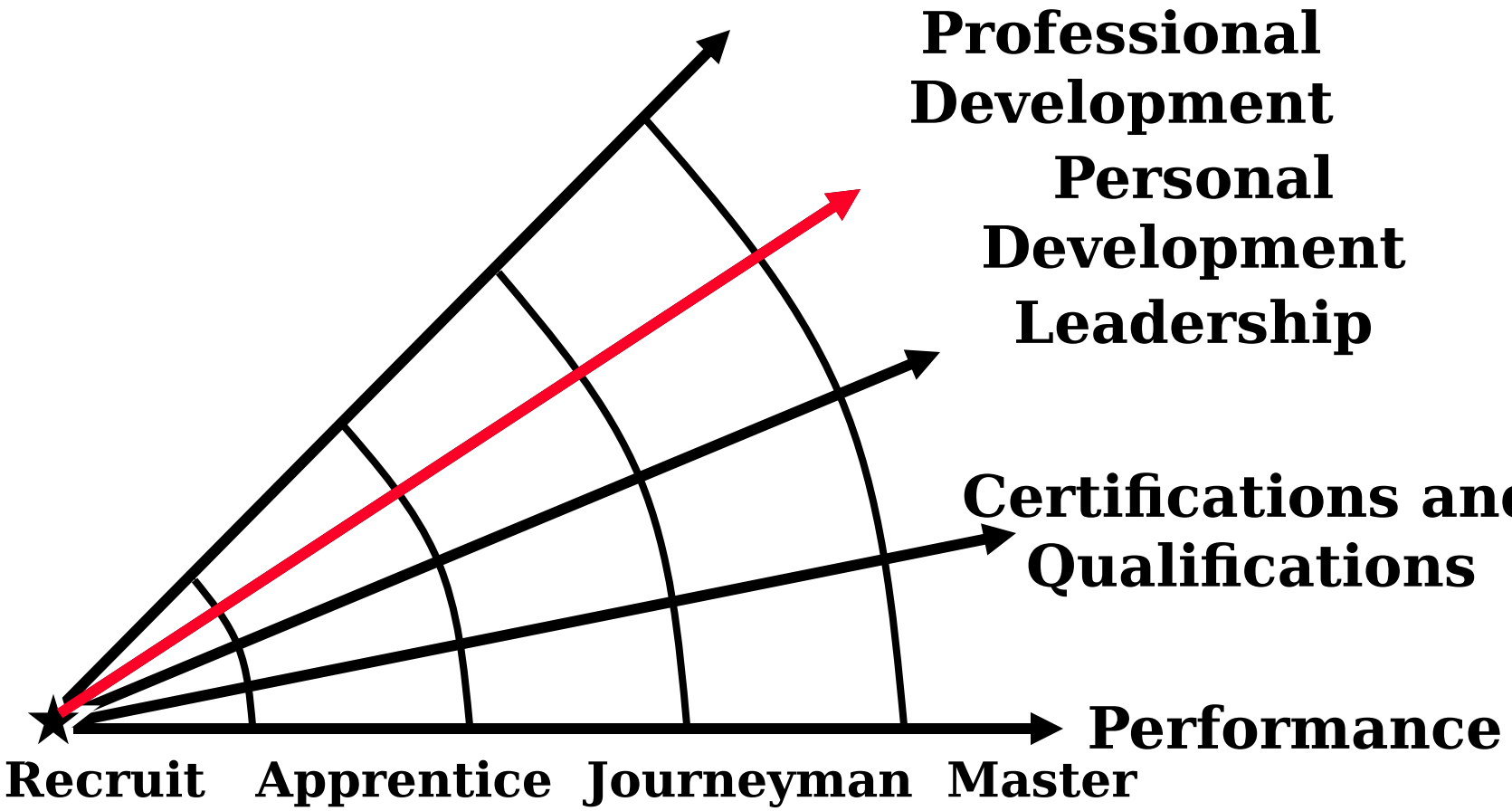
- **Risk Factors increase the desire to use alcohol or drugs or decrease incentives not to use alcohol or drugs. They also increase the risks for other maladaptive behaviors such as DUIs, poor performance, violence, and suicide.**

- **Protective Factors weaken the desire to use alcohol or drugs or increase incentives not to use alcohol or drugs. Although no guarantee, protective factors seem to occur in higher frequently in non-users.**

ADCO Navy Tools

- ADCO Guide
- NAVDWEB
- PERS 671
- CPD
- DAPMAs
- Drug Labs
- SARPs
- ADMITS
- Safety Center
- NKO
- NTMPS
- MWR
- FFSCs

5 Vector Model



E X C E L

Center for Personal Development

The mission of the Center for Personal Development is to deliver tools and opportunities that promote personal development and improve personal readiness to further the accomplishment of the Navy's mission.

Accelerating Our Advantages

Center for Personal Development Vision

To be the Navy's one-stop-shop for personal development. By providing the best tools, opportunities and solutions via the most effective means of delivery, we will foster an environment where every member of the Navy community can and will achieve their maximum personal potential.

Initial Competency Areas

Lifelong Learning
Sailors pursuing non-traditional education, college education, degrees and educational prep and access

Health, Wellness & Recreation
Lifelong physical fitness, nutrition and well-being

Financial Management Skills
Financial skills and planning from first

Values
Character education and development through Navy Core Values, Ethics, Perseverance, Acceptance, and Human Spirit

Interpersonal Relationships
Personal and family relations, parenting, anger management, stress management, emotional awareness

Accelerating Our Advantages

DAPMA Mission

- To provide drug and alcohol abuse prevention education and training, deglamorization and technical assistance to Navy commands.

- Manage NADAP course curriculum

NADAP Education Program Goals

- Enhance fleet readiness by reducing substance abuse and incidents
- Improve *operational performance.*
- Provide a safe and productive working environment
- Ensure QOL for Sailors and families

Prevention Through Education

Courses <u>mandated</u> by OPNAVINST 5350.4C

DAPA (Drug and Alcohol Program Advisor) S-501-0100

ADAMS for Leaders S-501-0130

ADAMS for Supervisors S-501-0120

Alcohol Aware S-501-0160

OPNAVINST 5350.4C

Accelerating Our Advantages

Prevention Through Education

ADAMS for Facilitators **S-501-0110**

UPC/NDSP **S-501-0140**

Prevention Specialist **S-501-0165**

PREVENT **S-501-0150**

Also available:

GMT

Right Spirit Briefs

Accelerating Our Advantages

Navy Prevention Specialist Course

- Builds on previously learned skills
- Emphasizes the science of prevention
- Instructs how to design and implement a highly effective prevention program
- Covers the education and skill development evidenced by research to be necessary in the development, selection, implementation and evaluation of effective prevention programs.

Five Domains of Prevention

- Planning and Evaluation
- Education and Skill Development
- Community Organization
- Public and Organizational Policy
- Professional Growth and Development

Additional DAPMA Services

- GMT's
- Right Spirit Briefs
- CO/XO Courtesy Calls
- Email consultations
- Phone consultations

Navy Training Management & Planning System (NTMPS)

- **The power of NTMPS comes from its timeliness- its use of databases like NITRAS (now CeTARS) and TFMMS to frequently update and provide almost real time data.**
- **NTMPS has a specific goal of making training and the tracking of training easier for deployable forces.**

www.ntmps.navy.mil

What Does NMTPS Do ?

Run reports by UIC and Course Identification Numbers (CIN) to determine needed training.

Easily track your command's attendance in all NADAP courses.

Provide professional and accurate reports to your Chain of Command.

Accelerating Our Advantages

NTMPS

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Data

Training vs Requirements Course Summary

Quota Requirements For Activity

UIC/Activity Title: N21346 CG 53 MOBILE BAY

* Equiv CINs / NECs included - See TYCOM Training Manual Remarks

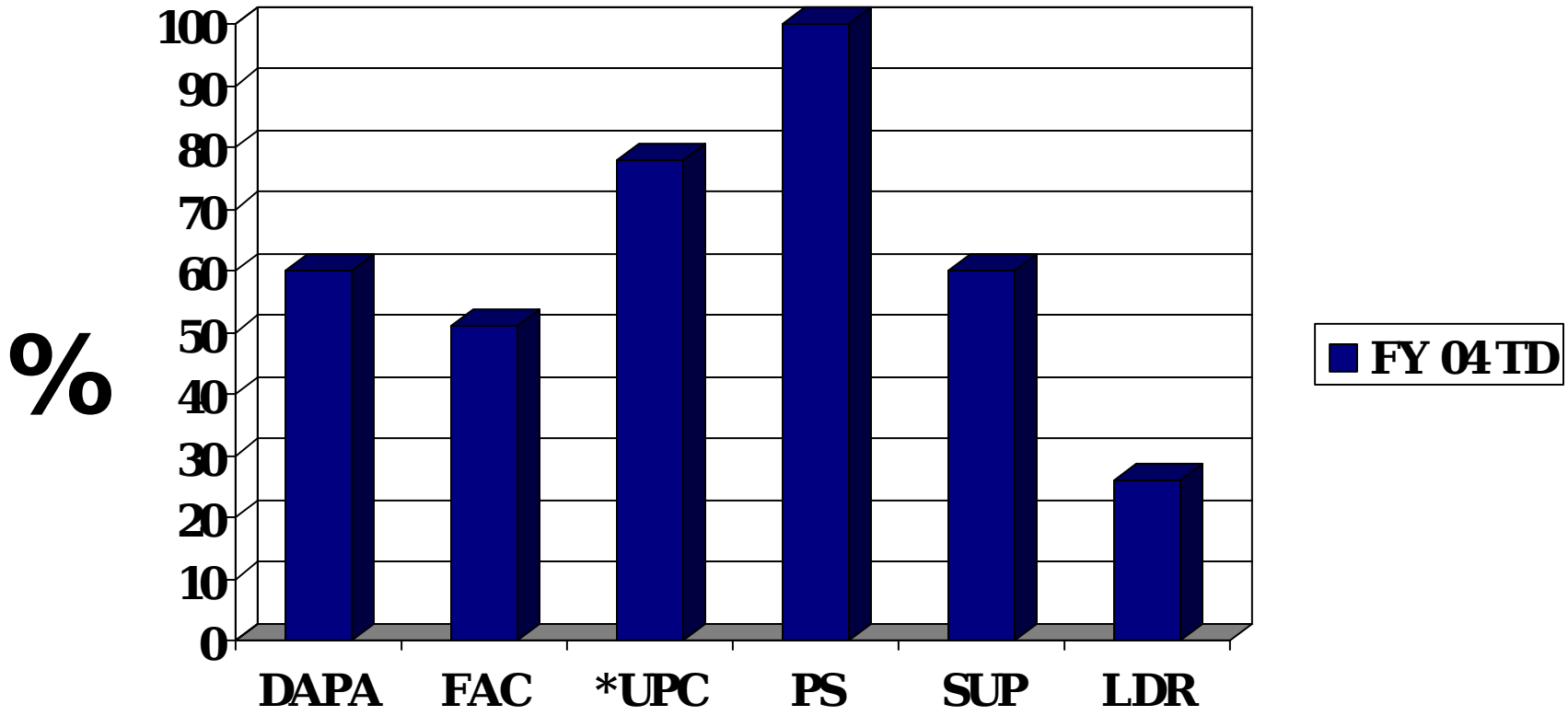
Cin	Cse Title	Cse Len Curr Fy	Nearest Trng Loc	# RQD	# Grads	Equiv Grad	Projected Rqmts	PRD Projections	Rmk
NCO4	PCO/PXO AVIA BRF			2	0		+ 2 - Immediate		
P-500-0020	PO1 LDRSHP CRS	11	CORONADO, CA	*	26				ALL E-6 MUST COMPLETE PRIOR TO ADVANCEMENT TO P-500-0034
P-500-0021	CPO LDRSHP CRS	11	CORONADO, CA	*	15				ALL E-7 MUST COMPLETE PRIOR TO ADVANCEMENT TO P-500-0036
P-500-0025	PO2 LDRSHP CRS	11	CORONADO, CA	*	30				ALL E-5 MUST COMPLETE PRIOR TO ADVANCEMENT TO
S-501-0100	COMMAND DAPA	5	SAN DIEGO, CA	1	1			+ 1 2004-05-31	
S-501-0110	ADAMS FOR SUPERVISORS F	5	SAN DIEGO, CA	2	1		+ 1 - Immediate		E6 AND ABOVE OR O3 AND ABOVE FOLLOWED BY CER ADAMS SUPERVISOR COURSE TO THEIR OWN COMMANI FACILITATORS
S-501-0120	ADAMS FOR SUPERVISORS	1	SAN DIEGO, CA	*	3				E5 AND ABOVE PERSONNEL IN FIRST-LINE SUPERVISOR FIVE YEARS
S-501-0130	ADAMS FOR LEADERS	1	SAN DIEGO, CA	*	1				CO/XO/CMC CAREER REQUIREMENT PER OPNAVINST 535
S-501-0140	UPC AND NDSP	1	SAN DIEGO, CA	1	3				FOR LOCAL COMMAND UPCs TO MAINTAIN INTEGRITY O PROGRAMS
S-501-0150	PREVENT	3	SAN DIEGO, CA	*	0				REF OPNAVINST 5350.4C. PREVENTION COURSE TARGE FOUR YEARS OF ACCESSION; FOR PREVENTION EDUCA PROMOTION; NOT CONSIDERED TREATMENT;
S-501-0160	ALCOHOL AWARE	5	SAN DIEGO, CA	*	0				MANDATORY FOUR-HOUR, COMMAND-LEVEL ALCOHOL DEGLAMORIZATION COURSE FOR ALL HANDS; REQUIRE ACCESSION.
S-541-0002	CFS TRAINING	5	SAN DIEGO, CA	1	3				
S-5F-0014	LEG OFFICER	30	SAN DIEGO, CA	1	2				NOT REQUIRED IF JAG OFFICER ASSIGNED (DESIG 2500)
WARFARE AREA: STW									
A-121-0017	TTWO	19	SAN DIEGO, CA	3	0		+ 3 - Immediate		ALSO AVAILABLE IN STEP CD-ROM FORMAT
A-121-0555	VLS MK41 QUAD PAK (STEP)			2	0		+ 2 - Immediate		

Measuring Prevention Efforts

- Available Data
- Comparing Data
  - –Baseline
  - –Normalizing
- Trends

Course Utilization

(Percent by Class)



DAPMA Coming Attractions!

- FY05 DAPMA classes compressed
- DAPMA Norfolk to hold Prevention Specialist Course
- Drug and Alcohol Abuse Prevention chatrooms on NKO
- DAPMA presence on NKO

DAPMAs

San Diego – West of Mississippi

Norfolk –East of Mississippi

Contact Information

- **DAPMA Norfolk**
  - CALL: COMM **(757) 444-8376/8193**

    DSN **564-8376/8193**
  - EMAIL: dapmaeast@nsn.cmar.navy.mil
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